Slow Cooker Survival Kit

Crockpot = $15-20

Cutting Board $1-5  Chef’s Knife $1—25

Measuring Cup  Measuring Spoons
$1-5

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$1-5
Author Phyllis Goode offers simple ingredients and simple preparation, no hard to find ingredients here!

Learn how to convert your favorite recipes to a slow cooker. Great recipes for freezing!

Offers healthy recipes for short grocery list and those short on time!

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