1. Presentation from the Counseling Center (Dr. Bruce Herman, UCS, [bherman@umbc.edu](mailto:bherman@umbc.edu))
   1. Ways to spread an awareness of the mind spa:
      1. Advertise other aspects of the counseling center, such as the mind spa, at RSA events
      2. Spread awareness of the mind spa
      3. Have a stress ball making activity at Midnight breakfast this semester
      4. Do some more outdoor events
      5. Have a sign for the mind spa
2. Community councils vote on
3. Community Updates
   * + 1. Apartments
       2. De-stress event on the December 5th
   1. Chesapeake
   2. Erickson
      * 1. Friends giving was a success
        2. “Coco and coco”, as a de-stress/ skyfactor event
   3. Harbor
      * 1. Didn't meet last monday
        2. Crafts and movie night for December, movie will be “Frozen”
   4. Patapsco
   5. Potomac
      * 1. Stress relief/karaoke event on December 3rd
   6. Susquehanna
      * 1. Charlie Brown thanksgiving was last week Monday, that was a success
   7. Walker
      * 1. Thanksgiving event went well
        2. For December, they will be having a candy gram event. Candy grams will be delivered the following week
4. Executive Board Updates
   1. President
      * 1. Stress free events:
        2. SGA is having a stress free zone December 9th-11th, there will be free food and shirts
        3. Give feedback  on doing away with the four-person and three-person group priority and giving priority based on credits
        4. At the next GBM meeting we will discussing student fees
        5. OTMs are due tomorrow night by 11:59pm
   2. Director of Advocacy and Leadership
   3. National Communications Coordinator
      * 1. Care packages are coming soon
   4. Director of Finance
      * 1. If you would like to come to the stipend review for the RSA e-board next week, contact kelseyg1@umbc.edu
   5. Director of Communications
   6. Director of Events
      * 1. Midnight breakfast next week Tuesday
        2. Link to the volunteer form has been attached below
   7. National Communications Coordinator In Training
   8. Advisors
      * 1. Potomac, Susquehanna and Patapsco are the top three communities to complete their skyfactor surveys.
        2. If you would like to come to the stipend review for the RSA e-board next week, contact [kelseyg1@umbc.edu](mailto:kelseyg1@umbc.edu)
5. Major Goals Discussion
   * + 1. Next week all community council representatives please  bring back the “Goals poster” you put up in your communities

I've invited you to fill out the form **Midnight Breakfast (12/8) Volunteer Sign Up Sheet** . To fill it out, visit: <https://docs.google.com/a/umbc.edu/forms/d/1ZQv53htlZz_dWCqWGGGqgrHRs05xQ47wSMm8d7mEOuE/viewform?c=0&w=1&usp=mail_form_link>